

**Tampa Bay DBT Counseling Center**  
**6938 W Linebaugh Ave, Suite 101**  
**Tampa FL 33625**  
**Phone 443-621-0976 Fax 813-265-0586**

I, \_\_\_\_\_, Date of Birth: \_\_\_\_\_ a legally competent adult, hereby authorize Tampa Bay DBT Counseling Center to release and exchange information contained in my mental health record with:

Name: \_\_\_\_\_

Organization: \_\_\_\_\_

Address: \_\_\_\_\_

\_\_\_\_\_

Phone: \_\_\_\_\_ Fax: \_\_\_\_\_

I approve and authorize release of the following:

- Psychotherapy Summary Report
- Treatment Plan
- Mental Status Report
- Entire Record
- Verbal and Written Communication
- Other (specify) \_\_\_\_\_

The above information will be used for the following purpose:

- Planning and continuing appropriate treatment
- Determining eligibility for benefits or programs
- Case review
- Continuity of care
- Other (specify) \_\_\_\_\_

I understand that I may revoke this consent at any time by providing written notice, and after one year this consent automatically expires. I have been informed what information will be given, its purpose, and who will receive the information.

\_\_\_\_\_  
Signature of Client or Legal Representative      Date

\_\_\_\_\_  
Printed Name

\_\_\_\_\_  
Signature of Witness      Date

\_\_\_\_\_  
Printed Name